



## Portishead Town Council

The Folk Hall, 95 High Street, Portishead, BS20 6PR Tel: 01275 847078 [www.portishead.gov.uk](http://www.portishead.gov.uk)

### Summons & Notice

for the Community Matters Committee Thursday 27<sup>th</sup> April 2023 at 7.30pm

Friday 21<sup>st</sup> April 2023

**To: All Members of the Portishead Town Council Community Matters Committee**

Councillors Ben Aldridge (Chair), Paul Churchill (Vice-Chair), Robert Cartwright, Janet Davey, Simon Faulkner, Tanya Slatter, Patricia Sterndale, Paul Gardner.

Dear Councillor

You are summoned to a meeting of the Portishead Town Council Community Matters Committee at The Folk Hall, 95 High Street, on Thursday 27<sup>th</sup> April 2023 at 7.30pm. The meeting will consider the items set out below.

Yours sincerely

*W. Coulter-Woodman*

Wendy Coulter-Woodman  
**Town Clerk**

- This meeting will be recorded and published with a link from the Council website, except for confidential or exempt items, which may need to be considered in the absence of the press and public
- To attend in person:
  - Residents are welcome to join the meeting in person at the Folk Hall, Portishead
  - Please book in advance by emailing [enquiries@portishead.gov.uk](mailto:enquiries@portishead.gov.uk)
  - It would be appreciated if you would continue to wear masks when walking around and standing up in the building, except when you are speaking during public participation.
- To attend via Zoom:  
Meeting ID: 953 0020 0301  
Passcode: 160358  
Join Zoom Meeting <https://zoom.us/j/95300200301?pwd=Rkx2eEdicHFzNzNyVXYxdE9pZnk4Zz09>  
Phone 0203 481 5240 United Kingdom

### Agenda:

**1. Chairmans Welcome** (Chairman)

**2. Apologies for absence** (Town Clerk)

**3. Declaration of Councillors' interests and requests for dispensations** (Chairman)

Members declare any disclosable pecuniary (financial) and other interests re. items on the agenda as required by the council's Code of Conduct, Standing Orders, and Localism Act 2011.

**4. To receive the Chairman's verbal update report:**

- 4.1 Wheels & Skate Park update
- 4.2 Update on Play Parks (Lake grounds)
- 4.3 Reminder of the need to bring ID to enable members of the public to be able to vote on election day.

**5. Public participation relating to meeting agenda items**

If you would prefer to submit questions in advance, please email [enquiries@portishead.gov.uk](mailto:enquiries@portishead.gov.uk)

**6. Minutes of the previous meeting (Chairman):**

Members to consider and approve the Minutes of the committee meeting held on 23<sup>rd</sup> March 2023 as a true record – attached.

**Recommendation:** for the Chairman to sign the Minutes as a true record.

**7. Slade Road Play Area – Post Installation Issues**

To receive and consider a report on the Slade Road Play Area and the post installation issues and solutions – report attached.

**Recommendations:**

To approve the extension to the Slide Landing Area.

To consider an option for the fencing.

To consider an option for mitigation of the mud collecting on the equipment.

**8. Carbon Reduction Plan – Repair Café**

To receive and consider a report on the Repair Café and a request for a small budget – report attached.

**Recommendation:** To approve a small budget to run a Repair Café for 12 months.

**9. Wellbeing Update Report**

To receive and note an update report from the Wellbeing Co-ordinator – report attached.

**10. Date of next meeting:**

Thursday 25<sup>th</sup> May 2023 at 7.30pm.

**11. Exclusion of the Public and Press**

Under the Public Bodies (Admissions to Meetings) Act 1960 Members of the public and press are required to leave the meeting at items 12 and 13 due to the items being confidential matters – confidential matters which come under Data Protection 2018 and GDPR (UK) 2018 and confidential contractual staffing matters.

**Recommendation:**

That Councillors agree to exclude the public and press.

**CONFIDENTIAL ITEMS**

**12. Community Sign-poster Update Report**

To receive and note an update report from the Community Sign-poster – report sent under separate cover for Members of the Town Council only.

**13. Community Sign-poster Job Description**

To consider the Community Sign-Poster Job description as recommended by Full Council – Job description sent under separate cover for Members of the Town Council only.

The Chairman will close the meeting.



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### Minutes of Community Matters Committee Meeting Thursday 23 March 2023 at 7.30 pm

This was a Hybrid meeting to enable community participation.

#### **Committee Members Present:**

Councillors Benjamin Aldridge (Chairman), Bob Cartwright, Paul Churchill (Vice Chairman), Simon Faulkner, Paul Gardner, Tanya Slatter, Paddy Sterndale

#### **Councillors in attendance:**

Sue Mason (in person)

#### **Officers Present:**

W Coulter-Woodman (Town Clerk, Cameras, IT and Minutes)

#### **Members of the Public Present:**

No members of the public were present.

#### **Chairmans Welcome:**

The Chairman welcomed everyone.

#### **CM2453 Apologies for absence (Town Clerk)**

Apologies for absence were received and accepted from Councillor Janet Davey.

#### **CM2454 Declaration of Councillors' interests and requests for dispensations (Chairman)**

Members must declare any disclosable pecuniary (financial) and other interests re. items on the agenda as required by the council's Code of Conduct, Standing Orders, and Localism Act 2011.

Councillor Aldridge declared a personal interest in item 4.1 skatepark update (no vote) as he is a Director of WASP.  
Councillor Slatter declared a personal interest in item 4.1 skatepark update (no vote) as she is a director of WASP.

#### **CM2455 The Chairman's verbal update report**

**Skate Park update:** The construction work is on target to finish by the end of May 2023. There will be a soft opening and then the full opening will take place in the summer. It will be a big event between 12 and 4pm. There will be demonstrations from members of the public who have been involved with the project.

**Lake Grounds New Play Equipment:** All the new equipment has been installed and the existing equipment has been cleaned, ready for repainting (dependent upon the weather). There will be a promotional video on the website once all the painting has been completed. There will also be matting placed up to the trampoline to allow access.

Thanks to everyone involved with this project.

#### **CM2456 Minutes of the previous meeting (Chairman):**

Members considered the Minutes of the committee meeting held on 23<sup>rd</sup> February 2023.

It was proposed by Councillor Aldridge and seconded by Councillor Gardner that the Minutes of the meeting held on 23<sup>rd</sup> February 2023 be agreed by councillors and signed by the Chairman as a true record.  
A vote was taken which was unanimous in favour.

**RESOLVED: That the Minutes of the meeting held on 23<sup>rd</sup> February 2023 be agreed by councillors and signed by the Chairman as a true record.**

**CM2457 Grant Procedure 2023/2024**

Members were asked to review and approve the Grant Procedure for 2023/2024.

It was noted that the new round of grants will open on Monday 3<sup>rd</sup> April 2023 and close on Friday 15<sup>th</sup> December 2023. All grants awarded must be spent by 28<sup>th</sup> June 2024.

It was proposed by Councillor Aldridge and seconded by Councillor Slatter that the Grants Procedure for 2023/2024 be approved.

A vote was taken which was unanimous in favour.

**RESOLVED: That the Grants Procedure for 2023/2024 be approved.**

**CM2458 Policies**

Members were asked to consider and review the Equality and Diversity policy and the Safeguarding (Adults and Children) policy. Members noted that the policies needed updating and were essential to enable the Town Council to apply for various outside funds and grants.

Members considered the policies and advised of some minor changes to the wording for the Safeguarding (Children) Policy.

It was proposed by Councillor Aldridge and seconded by Councillor Faulkner that the Equality and Diversity policy and the Safeguarding (Adults and Children) Policy be recommended to full Council for adoption.

A vote was taken which was unanimous in favour.

**Resolved: That the Equality and Diversity policy and the Safeguarding (Adults and Children) Policy be recommended to full Council for adoption.**

**CM2459 Wellbeing Update Report**

Members received and noted an update report from the Wellbeing Co-ordinator.

Members raised a concern that there was a possible doubling up of information regarding the 'communications – concerns and celebrations' as the Communication Manager was also providing this information

Cllr S Mason also provided an update on the Carbon Reduction projects. The Repair Café could not take place at the Lido Café as their insurers would not provide cover. Work was ongoing with the Library to see if the repair café could take place there.

The Clothes Swap had gone very well and thanks was passed to The Poacher for their support. It was suggested that a Baby Clothes Swap could be organised in the future.

**CM2460 Community Sign-Poster Update Report**

Members received and noted an update report from the Community Sign-poster. It was noted that in order to provide Members with more information on the work of the Community Sign-poster, future reports would be presented within the confidential section of the agenda to protect any sensitive or personal information.

**CM2461 Date of next meeting:**

Thursday 27<sup>th</sup> April 2023 at 7.30pm.

The Chairman closed the meeting at 8.13pm.



# PORTISHEAD TOWN COUNCIL

## Post Installation Issues at Slade Road

**Produced For:** Community Matters Committee

**Date of Report:** 17.04.2023

### Summary of Key Issues:

To approve the release of funds for post installation issues at Slade Road Play Park

### Purpose of the Report:

The purpose of this report is to outline the post-installation issues at Slade Road Play Park, and consider options and quotes received to provide solutions.

In order to run a repair café, as previously agreed, a budget is required to pay for the room rental and possible PAT testing of the equipment (sewing machine). This report outlines those costs.

### Background:

Following to public consultation for a woodland play area in Slade Road Play park, a number of post installation issue have come to light:

1. Whilst the slide safety pit was approved and signed off by The Royal Society for the prevention of Accidents (Rospa), to make it extra safe and prevent children falling out of the safety pit, the proposal is to extend the landing area.
2. Reports have been received about the amount of mud on the ground that is being transferred to the play equipment. There is a proposal to mitigate this.
3. A local resident has complained about the amount of people using the play park and the invasion to their privacy. There is a proposal to mitigate this.

### Proposal for Post Installation solutions at Slade Road

#### 1. Slide Safety Pit Extension

The existing supplier to price to extend the slide, by either 1.2m or 2.4m. This would be in keeping with and using the same material as the original build.

The 1.2m price is £200.00 excluding VAT

The 2.4m price is £600.00 excluding VAT

#### 2. Mitigate the risk of harm due to mud building on the play equipment

The existing supplier has proposed a solution.

To install geo mesh under the existing matting around the slide steps and installation of geo mesh with a stone chippings topping around the trim trail.

The price for this is £1000.00 plus VAT

#### 3. Reduce risk of invasion of privacy for local resident

A certain height of fence can be erected without planning permission. It is 1.8 meters (6ft) from ground level.

It is believed the above is in relation to having neighbours, but Slade Road Park has been proposed to be designated as a Local Green Space in the NP.

The height of the fence from ground level at the moment up there is, we believe already 1.8m (6ft).

<https://www.planningportal.co.uk/permission/common-projects/fences-gates-and-garden-walls/planning-permission>

The advice we have received from Supplier C is to go no higher than a 2 foot trellis, due to the risk that anything higher will add substantial weight and could bring the fence down. This advice was provided after the other quotes had already been received.

The risk is also that we may damage the fence putting up the trellis. To secure the additional height of the new posts, there would need to be additional wood attached to the sides of each of the posts, to mitigate the width of the brace parts across the back.

The Options are as follows:

**a) 7m length of trellis installed along the top of the resident's fence that adjoins the play park**

**Option a quotes**

**Supplier A**

All supplied and fitted at £770.00 plus VAT ( 4ft high)

**Supplier B**

All supplied and fitted at £985 (final price, no VAT to be added) ( height not specified)

**Supplier C**

Supplied, but will need to be fitted by the town orderly. £396.20 Including VAT ( 2 foot high)

This excludes:

The cost of any screws needed.

The staff time to fit it. (It could be a two man job)

**b) 13m length of trellis installed along the top of the resident's fence that adjoins the play park**

**Option b quotes**

**Supplier A**

All supplied and fitted at £525.00 plus VAT (1.6ft high)

**Supplier B**

All supplied and fitted at £1,465.00 (final price, no VAT to be added) (4ft high)

**Supplier C**

Supplied, but will need to be fitted by the town orderly at £266.40 (2ft high)

This excludes:

The cost of any screws needed.

The staff time to fit it. (It could be a two man job)

**c) To erect 5 6ft x 6ft fence panels plus posts to side of path.**

(Please note that this option was proposed by the resident after we had spoken to the other 2 suppliers)

**Option c quotes**

Only asked **supplier B**

£1,280.00 (final price, no VAT to be added)

**Financial Implications:** As described above

**Legal & Policy Implications:**

To provide extra safety around the use of the play park, and further mitigate the risk of harm to users. If we proceed to install screening for the local resident, this would be in a gesture of goodwill. We are not legally obliged to undertake this.

**Note:**

The person to contact about this report is L. Sargent (Programme, Carbon Reduction & Wellbeing Manager)



# PORTISHEAD TOWN COUNCIL

## Repair Café Funding

**Produced For:** Community Matters Committee

**Date of Report:** 19.04.2023

### Summary of Key Issues:

To request a small amount of funding to establish a Repair Café in Portishead.

### Purpose of the Report:

In order to run a repair café, as previously agreed within the Carbon Reduction Plan, a small budget is required to pay for the room rental and PAT testing of the equipment (sewing machine). This report outlines those costs.

### Background:

The Community Matters Committee has previously agreed to trial the running of a repair café as part of the Carbon Reduction Plan.

We are working collaboratively with the library, and they have offered the room at a reduced rate, to help establish the repair café.

The plan is to hold the repair cafe at the same time as the farmers market, thus complementing the community spirit in the same area, for the whole morning.

The Repair Café could be set up in time for the 10<sup>th</sup> June, to tie in with Great Big Green Week this year.

There will be a donation tin at the Repair café, with a view to it becoming self-funding over time.

However, there is no budget allocated to the Repair Café project, running under the Carbon Reduction Plan.

### Proposals for Funding the Repair Cafe

This costing is for 12 months, starting 10<sup>th</sup> June:

To rent a room at the library for 3 hours from 09.30 – 12.30 on the second Saturday of every month.

The full price would normally be: £6 per hour plus VAT so 3 hours would be £21.60 x 12 = **£259.20.**

Reduced Cost to PTC = £14.40 x 12 = **£172.80.**

Cost of one PAT Test = £30.00 including VAT. Allow for 2 machines to be done = **£60.00**

Allow £5 for biscuits/cake per month = **£60.00**

**Total request = £292.80**

**Financial Implications:** As detailed above



**Legal & Policy Implications:**

The law does not require that PAT testing is undertaken, rather it simply requires an employer to ensure that their electrical equipment is maintained in order to prevent danger. Therefore, guidance is being sought from our insurers about the repair café, in parallel with this application for funding.

**Note:**

The person to contact about this report is L. Sargent (Programme, Carbon Reduction & Wellbeing Manager)



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## Wellbeing Coordinators Report - March 2023

Prepared by Laura Bowers, Wellbeing Coordinator  
Distributed to PTC Clerk, PTC Councilors and NSC Wellbeing Coordinators Network

### Wellbeing At Local Government Level

Wellbeing is an essential part of everyday life, integral to leading a happy and healthy lifestyle. The National Association for Local Government asserts that as the first tier of local government and the closest port of call for residents', local (parish and town) councils can play a huge role in ensuring our communities are robust, healthy, and thriving places to live.

Local councils, by providing information, services, and access, can help improve the lives of residents. Wellbeing is personal and different for everyone but by highlighting the effect of hidden disabilities and promoting the roles that local stakeholder's and community groups can play we can increase awareness and bring about positive change for our community.



## Contents

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<b>March Wellbeing Update</b>	<b>3</b>
Community Concerns & Celebrations	3
Community Events	3
<b>Meeting Summaries</b>	<b>4</b>
PWP (2 March)	4
Good Grief Festival Scoping (2 March)	4
Read Easy Introduction (6 March)	4
PTC Team Meeting (7 March)	4
North Somerset Wellbeing Collective Steering Group (7 March)	5
North Somerset Together (8 March)	5
Youth Centre Catch Up (9 March)	5
Wellbeing Coordinators Network Catch Up (13 March)	5
Cost of Living Working Group (15 March)	5
UK Shared Prosperity Fund Q&A (16 March)	6
Introductions and Networking with Wesport (20 March)	6
Youth Centre Catch Up (21 March)	6
Community Hubs Network Meeting (28 March)	7
<b>Webinars and Training</b>	<b>7</b>
Exploring Social Prescribing Across the Life Course (28 March)	7
<b>Projects Update</b>	<b>7</b>
PWP Speed Networking Event	7
Bristol Walk Fest	7
UKSPF	8
Spring into Wellbeing	8
Cost of Living Working Group	8
Buggy Walk	8
Press coverage in 'Enjoy Portishead' (Spring 2023)	9
Other Issues Arising	9
<b>Next steps</b>	<b>10</b>

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## March Wellbeing Update

### Community Concerns & Celebrations

The following highlights have been researched from community pages such as Next Door and Facebook

- Anti-social behaviour of some children and lack of PCSO support / resources.
- The Skate Park is taking form.
- The Lake Grounds play area is taking form.
- Marina Gardens flats opening to residents – infrastructure and road congestion concerns.
- The unseasonable snow storms.
- Royal Mail have removed 5 posties from Portishead and it has affected service with some residents receiving no post for up to 10 days.
- Lack of an actual post office.
- Road flooding on Bristol Road and lack of NSC action.
- Green space plaque on the old golf course very well received.
- New monitoring cameras installed on the Portbury Hundred.
- Upcoming local elections in May.
- New active play bouncy obstacle course starting on Saturdays for under 11s at Parish Wharf
- New Enjoy Portishead magazine launched

### Community Events

- Slade Road Opening Event, 3 March 2023.
- Turn the Tide community clean ups.
- All aboard the 56 – campaign for better bus services.
- Police bike marking dates – 11 March at Kestrel Court (upcoming on 22 April 2023 outside the library).
- Portishead Spring Show 11 March 2023 at The Folk Hall.
- Free prostate testing c/o The Lions Club at Somerset Hall, 25 March 2023.
- Portishead Swimathon, 25 March 2023.
- Adult Clothes Swap at The Poacher, 30 March 2023.



## Meeting Summaries

### PWP (2 March)

'Starting Well' online follow up meeting hosted by PTC to strengthen collaboration between wellbeing providers and stakeholders within Portishead. 17 partners attended. Agenda: welcome, PWP vision and principles, review actions from last meeting, funding opportunities / COL fund, further Starting Well, AOB, close and date for next meeting (20th April) – Living Well.

Actions: write and send minutes; send meeting request for Living Well meeting; organise the partners networking event; continue planning the spring wellbeing event; circulate the partner's portfolio.

### Good Grief Festival Scoping (2 March)

Hosted by NHS Woodspring to scope the potential for hosting outreach festival events in Portishead for bereavement and dying. Extended the invites to Alive Activities and Portishead CofE.

Actions: Discuss and share information with Curo +55 lead, contact relevant community stakeholders e.g., funeral homes, Marie Curie, Sue Ryder, Penny Brohn.

### Read Easy Introduction (6 March)

Read Easy UK is the only national organisation in the country which provides a volunteer-led reading coaching programme for adults. The support provided is free, confidential, and one-to-one. I met with one of the coordinators to discuss promotion of the service and potential venue opportunities.

Actions: Invite ReadEasy to the wellbeing partnership and send information regarding the volunteer's fayre and Working for Health.

### PTC Team Meeting (7 March)

Round robin meeting to touch base on the work being undertaken by the PTC team. Lots going on including a new website, adults clothes swap, volunteers fair, Spring into Wellbeing event and the Penny Coronation Festival. Discussion about requirements for fire doors; halls maintenance including Fedden Room make over; HR needs within the team; imminent elections and the purdah deadline.



### North Somerset Wellbeing Collective Steering Group (7 March)

A monthly meeting chaired by VANS that was held online. Agenda: News and updates – Weston College training; UKSPF; Communications Plan; upcoming campfire meeting; AOB; future dates. Some interesting info from Weston College re neurodiversity and autism business training, VANS updated the group on the UKSPF grants applications and bid writing workshops. Updates on future meetings given and a discussion on ways for the collective to build on communication moving forward.

Actions: If PTC want to apply for some of the UKSPF grant then we need a safeguarding and EDI policies, the deadline is 27 March 2023. Draft these and send to the Clerk.

### North Somerset Together (8 March)

A monthly online meeting chaired by the Policy and Partnerships Lead. Agenda: update NST with final UKSPF info; cost-of-living project update; discussion point around demand responsive transport; update by DWP on Portishead Working for Health; update by my re Portishead events – volunteers fayre, spring wellbeing event, penny fayre; training opportunities by Weston College, Direct Payments update, Alliance Homes funding panel; photo IDs requirements for local elections. The April meeting will be virtual updates only due to Easter. Actions: Updates to NST by 14 April close of play.

### Youth Centre Catch Up (9 March)

A catch up with the youth centre manager to discuss the UKSPF and the Pears UK Youth Fund applications and whether there is any potential collaboration between us. Also an opportunity to touch base regarding the PTC cost-of-living fund.

Action: Send the PYC Manager the application form and workshop information and find out whether supporting documents have to be uploading with and at the same time as the application.

### Wellbeing Coordinators Network Catch Up (13 March)

6 weekly catch up between the WBC network - Clevedon have now agreed the Wellbeing Coordinator MOU and are due to go to advert with recommendations from the Wellbeing Team to feedback. Discussion around food clubs and cost-of-living.

Actions: Forward these reports to the North Somerset Policy and Partnerships Development Officer to use as case studies / evidence of role achievement.

### Cost of Living Working Group (15 March)

A monthly meeting chaired by North Somerset Corporate Policy and Partnerships to address cost-of-living needs in North Somerset. Agenda: welcome and matters arising; CANS update; household support update; communications plan update; learning from cost-of-living workshop and next steps. VANS



still have some warm blanket packs left over; Burnham and Weston Energy CIC are helping people with energy saving measures, understanding their heating and accessing help with fuel bills - [www.burnhamandwestonenergy.co.uk/home-energy-advice/](http://www.burnhamandwestonenergy.co.uk/home-energy-advice/); North Somerset residents living in park homes, mobile homes, care homes and of-grid are eligible for £400 of energy support - [www.gov.uk/apply-energy-bill-support-if-not-automatic](http://www.gov.uk/apply-energy-bill-support-if-not-automatic); A round up of cost-of-living advice and guidance is on the north somerset website - [www.n-somerset.gov.uk/col](http://www.n-somerset.gov.uk/col).

No PTC actions arising.

### UK Shared Prosperity Fund Q&A (16 March)

An online Q&A regarding the grant scheme to support bid applications – pertinent points raised to action in the bid include:

- Policies are really important, not just as a written document but as something that is actively adhered to.
- Whilst only the lead organisation needs to submit their policies the collaborating organisations need to sign an MOU that their values align and they will also actively work towards and adhere to those policies.
- Match funding and 'in kind' support will strengthen an application regarding sustainability of a project.
- Youth outreach work would fall under community and place – social action using an ABCD approach to develop and enhance local pride in place and increasing life chances by identifying a challenge within the community and using the project to solve it.
- The workshops (weaning etc) and volunteer training would fall under infrastructure for local groups and impactful volunteering – bid needs to identify a need in the community.

### Introductions and Networking with Wesport (20 March)

A meeting set up by North Somerset Policies and Partnerships to bring the Wellbeing Coordinators, locality Wellbeing Leads, VANs, and Wesport together to avoid strategy implementation duplication of North Somerset Empowering Communities Strategy and Action Plan. Wesport outlined their initiatives (mainly WSM based) and discussed the live longer better training – this may be useful for Portishead VCSE's.

Action: Wesport to share presentation slides and training opportunity. Invite Wesport to the Living Well and Ageing Well PWP meetings.

### Youth Centre Catch Up (21 March)

A catch up with the youth centre creche lead to discuss the UKSPF joint bid application, the Spring Wellness event and the buggy walk.

Action: Send the previous public health grant bid application to extrapolate the relevant information; PYC to send Spring event schedule to work into a programme; email BetterHealth re buggy walk training.

## Community Hubs Network Meeting (28 March)

A very productive meeting with the community hubs network – the library, the Beacon hub, the youth centre and faith group representatives (apologies from the Poacher and PTC community navigator). Agenda: review minutes from last meeting, community toilets, update on events from each community space, engagement with Enjoy Portishead, update on the Spring into Wellbeing event in May.

Action: Write and distribute minutes, request next meeting to be held at the Poacher, email LGBT+ forum, email Enjoy Fowler.

## Webinars and Training

### Exploring Social Prescribing Across the Life Course (28 March)

A very interesting 2-hour webinar on the benefits and uses of social prescribing across the life cycles. Some pertinent information for the PWP meetings will be integrated.

## Projects Update

### PWP Speed Networking Event



A zero-budget informal networking event for the Portishead Wellbeing Partners was requested during the face-to-face Q1 meeting, so The Poacher Pub was booked and invites sent out. The event was well attended and vibrant with many conversations between partners. Attending: Portishead Parent, Enjoy Church, Curo Community Connect, Social Prescribers, Sirona, CofE, Walnut Grove, Health Watch North Somerset, Direct Payments North Somerset, Wellspring Counselling, NHS Talking Therapies, Marthas Kitchen, PTC.

- *“I really enjoyed the event and met some fantastic people.”* - Projects and Engagement Officer North Somerset
- *“Thanks for putting on [the networking event] last night - it was great to chat with others in an informal space.”* – CofE Reverend, Portishead
- *“Many thanks for organising last night. I found it useful (and enjoyable) to meet with a range of people.”* - Anglican Church Representative
- *“What an enjoyable and useful evening – I shall be letting my colleagues know!”* - Direct Payment Development Officer

### Bristol Walk Fest

I listed the Portishead Sculpture Arts Trail in this year’s Walk Fest, which runs throughout the month of May - <https://www.bristolwalkfest.com>





## UKSPF

Despite some huge challenges in terms of the logistics of multi-agency collaboration, a lack of adopted policies and PTC staff absence, 3 bids were submitted within a very tight deadline. Two bids were submitted in partnership with the Youth Centre as a specialist agency for child safeguarding – one £30k application for a Community Youth Outreach Worker, and one for running community health workshops across the life cycle stages. I also submitted a bid on behalf of PTC for £8778 to run resilience training sessions for the PWP VCSEs.

## Spring into Wellbeing

Somerset Hall has been booked for Saturday 13<sup>th</sup> May for the event to take place from 11am-3pm. Sponsorship request letters written and very kindly distributed by Cllr Davey. Muse Boutiques have donated a £20 gift voucher. Current exhibitors who have confirmed a stand include: Age UK Scams Advisory, Alliance Homes, Bristol Water, Community Learning N-Som, Curo, Direct Payments, Equine Reflections, Foodbank, Health Watch, LGBT+ Forum, Martha's Kitchen, NHS Talking Therapies, Portishead Rotary Club, Vision NS, Wellspring Counselling, Westcountry Savings and Loans, Weston College.

Music by the Folks from Pill and workshops from Walnut Grove physios in the foyer, PYC and The Beacon also running concurrent drop in events. I have written an evaluation / prize draw form and have drafted a programme. I need volunteers / support for the day itself.

A budget of £500 has been agreed by council, working to the following forecasted breakdown of costs:

Refreshments for 100 people @ £1 ea	= £100
Cost-of-Living supportive raffle prizes:	
- Salter soup maker X 2 (£55 each)	= £110
- Tower 5in1 11l air fryer X 2 (100 each)	= £200
- Shopping vouchers x 6 (£15 each)	= £90

## Cost of Living Working Group

I have prepared a flow chart, guidance notes and application form, which was approved by council and will go live in April.

I sent an exploratory email to Gordano's regarding a possible use for some of the funding to support disadvantaged children and a conversation was had with PANDA to inform them that they can apply for COL support for their users should the need arise over the coming year.

## Buggy Walk

Ongoing talks with Health Walks North Somerset and the Youth Centre have resulted in some volunteer support for a weekly Portishead Buggy Walk. The Youth Centre worked hard to recruit three volunteers who will go forward for Health Walk training and an existing volunteer who will support the

risk assessment and route planning for these walks to take place on Thursdays each week. It is looking very hopeful that a weekly Portishead Buggy Walk will be able to start in April. A great addition to the Portishead Events Calendar.

## Press coverage in 'Enjoy Portishead' (Spring 2023)

### Meet Laura Bowers

New Wellbeing Coordinator  
for Portishead



Portishead Town Council has welcomed new wellbeing coordinator Laura Bowers to the staff team to help ensure members of the local community are easily signposted to the wide range of support services we have available to residents in our town.

In a post funded for two years by North Somerset Council, Laura is working with groups and organisations to bring wellbeing partners together and to make sure the people of Portishead can gain information about and access to this plethora of wellbeing and non-clinical health support services. Laura's aim is for residents to feel listened and responded to through a collaborative effort between voluntary, statutory and community services resulting in a resilient, happy and connected community.

Laura's role is building on the work initiated by Portishead Town Council, funded by the government's Community Renewal Fund, which established a community hub and has provided assistance both to individuals and numerous wellbeing groups. She is already

planning a community event called Spring into Wellbeing, which will focus on health, wealth and wellness, on 13th May, more details of which can be found in our what's on feature.

In addition to this, on behalf of Portishead Town Council, Laura is coordinating the allocation of an emergency cost-of-living fund to support residents struggling in the present economic climate.

To get in touch with Laura about any wellbeing related projects, ideas or issues, email [wellbeing@portishead.gov.uk](mailto:wellbeing@portishead.gov.uk)

## Other Issues Arising

- I drafted Adult Safeguarding, Childrens Safeguarding and Equality, Diversity and Inclusion policies as well as an MOU for the youth centre. These have been submitted to the Clerk, shown before Community Matters and recommended for full council approval and adoption.
- A dropped kerb request was received by a resident on Briary Road which was forwarded to the Deputy Clerk to contact NSC Highways and having had no satisfaction, on to the PTC Planning Advisory Group.

- Signposting for a resident with cerebral palsy who currently pays privately for hydrotherapy sessions is facing a 27% increase in fees, which he cannot cover. The issue was raised by the PANDA leader who was advised to recommend the resident seeks an NHS referral for hydrotherapy as Freeways Pool accepts NHS referrals directly. The NHS have rejected his referral so other avenues (Scope and Sirona) were approached and advice forwarded to PANDA.
- Signposting for concerned grandparents seeking autism support to the North Somerset Autism support group, NowHearThis Music group and the PANDA group.
- Signposting for a concerned parent of an Alliance Homes resident and an enquiry sent to Alliance Homes customer service.
- Community activities details received from Green prescribing distributed to community connections.
- Survey of N-Som Adult Social Services VCFSE sector re Carers' Support completed.

## Next steps

- 2 weeks annual leave in April
- Prepare for and chair upcoming PWP – Living Well on 20 April 2023
- Attend North Somerset Wellbeing Coordinators networking meeting on 26 April 2023
- Continue to strengthen the community spaces network collaboration, particularly via the spring wellbeing event
- Recruit some support / help for the Spring into Wellbeing event
- Explore a community toilet network
- Continue asset mapping.